

III. Statement of Course Need

- A. Foundations of Health Sciences serves a critical need in introducing students to the variety of professions within the health science field and facilitating academic success. Students entering the major often come with varying levels of exposure to health-related topics. An introductory course establishes a shared baseline of knowledge in areas such as healthcare systems and policy, population health, ethical and legal considerations, health promotion, and the roles of allied health professionals. This course fosters critical thinking, communication skills, cultural humility, and an appreciation for interdisciplinary collaboration—competencies identified as essential by national health education and workforce development standards. This course provides essential context, ensuring that students are not only informed about the breadth of health-related careers but also prepared to navigate the interconnected nature of modern healthcare delivery.
- B. This course meets a program requirement for the Health Science Associate Degree Program.
- C. There is no lab component.
- D. This course generally transfers as an elective in health sciences or free elective, dependent on the transfer institution.

IV. Place of Course in College Curriculum

- A. Free Elective
- B. This course does not serve as a General Education course.
- C. This course meets a program requirement for the A.S. Degree in Health Science.
- D. To see course transferability: a) for New Jersey schools, go to the NJ Transfer website, www.njtransfer.org; b) for all other colleges and universities, go to the individual websites.

V. Outline of Course Content

- A. Exploration of careers in related fields
 - a. Medical Assistant
 - b. Nursing
 - c. Occupational and Physical Therapy
 - d. Healthcare Administration
 - e. Public Health
 - f. Medical laboratory technologist
 - g. Health information management
 - h. Athletic Training
 - i. Physician Assistant
- B. Professional Requirements
- C. Effective communication
- D. Source Analysis and Evidence Based Practice
- E. Time Management, Goal Setting & Strategies for Retention
- F. College Success Skills

VI. A. Course Learning Outcomes:

At the completion of the course, students will be able to:

1. Identify College services and resources that support student success and promote professional growth.
2. Use appropriate forms of technology to identify, collect, and analyze information (GE-4*)
3. Communicate both orally and in writing the educational competencies and clinical proficiencies, certifications, and continuing education requirements for health science career fields. (GE-1)
4. Analyze research and present information related to current issues that affect the field of and explain the use of evidence-based medicine in practice. (GE-1, IL) *
5. **Identify** and describe the regulating bodies, requirements for certification/licensing and continuing education; and the educational competencies and clinical proficiencies in various professions in the field.

*Embedded Critical Thinking

B. Assessment Instruments

1. Career pathway planning project
2. Critical literature analyses
3. Presentations
4. Class participation (attendance)
5. Reflections

VII. Grade Determinants

- A. Career pathway planning project
- B. Critical literature analyses
- C. Presentations
- D. Class participation (attendance)
- E. Reflections

Given the goals and outcomes described above, LIST the primary formats, modes, and methods for teaching and learning that may be used in the course:

- A. lecture
- B. small-group work
- C. class discussion
- D. guest speakers
- E. student oral presentations
- F. videos and online materials

VIII. Texts and Materials

- A. articles, journals
- B. interviews, professional speakers

- C. film and video
- D. web sources
- E. internet databases and other computer-based sources

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

IX. Resources

- A. RVCC Library
- B. Internet

X. Check One: Honors Course N/A