

**PROGRAM-TO-PROGRAM ARTICULATION AGREEMENT  
BETWEEN  
EAST STROUDSBURG UNIVERSITY OF PENNSYLVANIA  
AND  
RARITAN VALLEY COMMUNITY COLLEGE**

**AS in Exercise Science to BS in Exercise Science**

**WHEREAS**, East Stroudsburg University of Pennsylvania, located at 200 Prospect Street, East Stroudsburg, Pennsylvania, 18301, an educational institution of the State System of Higher Education, Commonwealth of Pennsylvania, (hereinafter called “ESU”), offers a Bachelor of Science in Exercise Science and

**WHEREAS** Raritan Valley Community College, located at 118 Lamington Road, Branchburg, NJ 08876 (hereinafter “RVCC”), offers an AS Degree in Exercise Science; and

**WHEREAS**, ESU and RVCC desire to facilitate the transfer of students from an AS Degree in Exercise Science at RVCC to the Bachelor of Science in Exercise Science program at ESU and avoid duplication of degree requirements where possible; and

**WHEREAS**, subject to the terms of this Agreement, a student who has earned the AS Degree in Exercise Science at RVCC shall be guaranteed admission to ESU.

**NOW THEREFORE**, ESU and RVCC officially confirm the following terms of this Agreement:

a. **Minimum Qualifications.** In addition to the other requirements set forth in this Agreement, to be eligible for transfer from RVCC to ESU under this Agreement, a student must:

- 1) Graduate from RVCC with a minimum grade point average (“GPA”) of 2.00 (on a 4.0 scale);
- 2) Graduate from RVCC with a minimum Major GPA of 2.5 (4.0 scale);
- 3) Enroll at ESU within one year of graduation from RVCC;
- 4) Not attend another institution of higher education between the time they graduate from RVCC and enroll at ESU;
- 5) Satisfy all conditions stated in this Agreement and all other regular ESU admission requirements.

b. **Admission of Transfer Student.** The student must submit a completed application for admission, submit an official final RVCC transcript, indicating receipt of the AS Degree in Exercise Science directly to the ESU Office of Admission. Students are encouraged to apply well before the application deadline dates. (Please refer to the University’s most recent application for the applicable fall and spring transfer application deadline dates).

c. **Once Admitted to ESU:** Upon admission to ESU, the student must submit appropriate advanced deposits that will be credited towards the first semester fees/tuition. The student will follow the curriculum requirements in effect at ESU at the time of the student’s enrollment into ESU’s Exercise Science program and will thereafter comply with any changes to the curriculum.

d. **ESU Student Registration:** After acceptance into ESU, the student must register for courses in accordance with ESU’s procedures as directed in the acceptance letter.

e. **Transfer Credits.** ESU will accept a total up to 66 credits from RVCC which include credits in general education/pre-requisite, co-requisite, free electives, and major credits, all with grades of “C” or better. The current accepted credits, as for the date of this Agreement, are detailed in Exhibit “A”, attached hereto.

f. **ESU Transfer Advising.** Using “Exhibit A” as a guide, the ESU Department of Exercise Science Chairperson will ensure that all transfer course equivalencies listed in “Exhibit A” are applied. The ESU Department Chairperson will also contact the ESU Registrar and ensure that the transfer equivalencies as listed in “Exhibit A” are awarded for students following this agreement for the purpose of satisfying the requisites and co-requisites of the Exercise Science major.

g. **University Requirements for the Bachelor of Science Degree:** Students are expected to complete all stated University Graduation Requirements and all other Pre-Requisite, and Major Field requirements as described in ESU’s catalog and Departmental policies in order to receive the Bachelor of Science in Exercise Science Degree.

h. **Academic Policies and Requirements.** While enrolled in either RVCC or ESU, the student shall comply with each institution’s specific policies/degree requirements for the Bachelor of Science Degree in Exercise Science as awarded by ESU will be as such exist at the time of the student’s enrollment into the ESU program.

i. **Promote and Publicize:** RVCC agrees to publicize this Agreement to prospective students in admissions literature and as part of regular student recruitment, and to inform qualified students matriculating to RVCC of the opportunity for admission to ESU under the terms of this Agreement.

j. **RVCC Advisement:** RVCC agrees to advise RVCC students regarding which courses will transfer under this Agreement for the Exercise Science major as well as General Education requirements that include, but are not limited to, coursework in the Humanities, Sciences, and Social Sciences.

k. **Coordination of Agreement:** Each institution will designate a representative who will coordinate the terms of this Agreement between the two institutions.

l. **Review of Agreement:** Both ESU and RVCC will review this Agreement annually and make any changes upon mutual consent. Each will keep the other informed of any other changes of policy or curricula that affect students transferring under the terms of this Agreement.

**Mutual Terms and Conditions:**

**1) Term of Agreement:** The term of this Agreement will be for five (5) years from the date of final execution by the parties and their respective legal counsel. This agreement may not exceed a period of five (5) years from the date of final execution. The agreement will be reviewed annually by appropriate parties at each institution, and will be renewed automatically until superseded by a new agreement or formally terminated.

**2) Termination of Agreement:** Either institution may terminate this Agreement for any reason with ninety (90) days notice. However, students who are in their final semester at RVCC and have already been accepted into ESU's Exercise Science Program will be afforded the opportunity to enter ESU's Bachelor of Science in Exercise Science Program in accordance with the terms of this Agreement.

**3) Nondiscrimination:** The parties agree to continue their respective policies of nondiscrimination based on Title VI of the Civil Rights Act of 1964 in regard to sex, age, race, color, creed, national origin, Title IX of the Education Amendments of 1972 and other applicable laws, including the Family Educational Rights and Privacy Act (FERPA), as well as the provisions of the Americans with Disabilities Act.

**4) Modification of Agreement:** This Agreement shall only be modified in writing with the same formality as the original Agreement.

**5) Relationship of Parties:** The relationship between the parties to this Agreement to each other is that of independent contractors and shall not be construed to constitute a partnership, joint venture or any other relationship, other than that of independent contractors.

**6) Liability:** Neither of the parties shall assume any liabilities to each other. As to liability to each other for death to persons, or damages to property, the parties do not waive any defense as a result of entering into this Agreement. This provision shall not be construed to limit the Commonwealth's rights, claims or defenses, which arise as a matter of law pursuant to any provisions of this Agreement. This provision shall not be construed to limit the sovereign immunity of the Commonwealth or of the State System of Higher Education or the University.

**7) Entire Agreement:** This Agreement represents the entire understanding between the parties. No other prior or contemporaneous oral or written understandings or promises exist in regards to this relationship.

[The remainder of this page has intentionally been left blank. Signature page follows.]

**IN WITNESS WHEREOF**, the authorized representatives of the parties have executed this Agreement as of the date previously indicated.

**FOR: Raritan Valley Community College**

**FOR: East Stroudsburg University of Pennsylvania**

\_\_\_\_\_  
Dr. Michael McDonough  
President

\_\_\_\_\_  
Dr. Marcia Welsh  
President

Date \_\_\_\_\_

Date \_\_\_\_\_

\_\_\_\_\_  
Dr. Eileen Abel, Vice President for  
Academic Affairs

\_\_\_\_\_  
Dr. Van Reidhead, Provost and  
Vice President for Academic Affairs

Date \_\_\_\_\_

Date \_\_\_\_\_

\_\_\_\_\_  
Dr. Patrice Marks,  
Dean of Academic Affairs

\_\_\_\_\_  
Dr. Alberto Cardelle, Dean of Health Science

Date \_\_\_\_\_

Date \_\_\_\_\_

\_\_\_\_\_  
Dr. Beryl Stetson  
Chair of Health Science Department

\_\_\_\_\_  
Dr. Shala Davis, Chair of Exercise Science

Date \_\_\_\_\_

Date \_\_\_\_\_

**Approved as to form and legality:**

\_\_\_\_\_  
East Stroudsburg University Legal Counsel

Date \_\_\_\_\_

## EXHIBIT A: Program-to-Program Articulation Agreement

### ***AS in Exercise Science to BS in Exercise Science at ESU***

**Transfer Credits:** Upon receiving an AS Degree in Exercise Science from RVCC, ESU accepts the following 66 credits with grades of "C" better towards the BS degree in Exercise Science. At this point, he/she will be able to major in the BS in Exercise Science Degree and receive credit for the following courses:

<b>General Education, Pre-Requisite, Co-Requisite Equivalencies</b>			
Raritan Valley Community College		East Stroudsburg University	
Course Number	Credit	Course Number	Credit
ENGL 111-English Composition	3	ENGL 103 GE: English Composition	3
BIOL 124-Human Anatomy & Physiology	4	BIOL 111-GE-Human A & P 1	4
CISY 102-Computer Literacy	3	CPSC100 GE: PCS and their Uses	3
PSYC 103-Intro. To Psychology	3	PSY 100 GE: General Psychology	3
FITN 131-Current Health Issues	3	EXSC 299- Department elective credit	3
ENGL 112-English Composition II	3	ENGL 162-GE-Intro. To Literary Analysis	3
BIOL 125-Anatomy & Physiology II	4	BIOL 112-GE- Human A & P II	4
FITN 129-First Aid & CPR	3	EXSC 299- Department elective credit	3
FITN 148-Lifeguarding	3	EXSC 299- Department elective credit	3
FITN 132-Concepts of Aerobic Conditioning	1	EXSC 120-Physical Conditioning	1
FITN 135-Intro. To Weight Training	1	EXSC 122-Strength Training	1
BIOL 142-Intro. To Nutrition	3	HLTH 299- Department elective credit	3
SOCI 101-Intro. To Sociology	3	SOC 111-GE-Intro. To Sociology	3
FITN 123-Prevention & Care of Athletic Injuries	3	ATEP 230-Prevention and Management of Sport and Fitness Injuries	3
FITN 203-Exercise Measurement and	3	EXSC 330-Health Related Fitness	3
Humanities Elective	3	Humanities Elective-GE	3
Fitness & Wellness Elective	2	EXSC 299-Department elective credit	2
FITN 146-Exercise Physiology & Body	3	EXSC 310-Exercise Physiology I	3
FITN 201-Kinesiology	3	EXSC 202-Kinesiology	3
FITN 207-Sports Management	3	EXSC 299-Department elective credit	3
FITN 290-Fitness Cooperative Education	3	EXSC 342-Power Training for Sport Performance	3
General Education	3	General Education Elective	3
Mathematics	3	MATH 100-GE-Numbers and Sets	3
<b>Total</b>	<b>66</b>	<b>Total</b>	<b>66</b>

<b>General Education &amp; Free Elective Recommendations</b>
<p><b>Humanities:</b>                      Fine Art [Art, Music, Theatre] ART 101; 119; 127; 130 [MUS 111]                      Foreign Lang. [FRE 111; 112; 211; 212] [GER 111; 112; 211; 212] [SPN 111; 112; 211; 212] Philosophy [PHL 111; 114; 115; 212]</p>
<p><b>Mathematics:</b> Math [MAT 111; 112; 113; 115; 118; 120; 131; 132]</p>
<p><b>Social Sciences:</b>                      Economics [ECO 211; 212]                      Geography [PHY 118] [SOC 108]                      History [HIST 111; 112; 113; 114; 117; 160; 167; 209; 210; 245] [HON 117]                      Political Science [GOV 211] [POL 111; 211] [PUB 111]                      Sociology [HON 111; 120; 202] [SOC 111; 112; 120; 180; 202; 209; 216; 280]</p>
<p><b>Free Elective Recommendations:</b>                      One course each from the Humanities and Social Sciences from a different category than was used for the Humanities and Social Science Electives in the General Education Recommendations</p>

Junior Year at ESU			
Fall		Spring	
Course Number	Credit	Course Number	Credit
EXSC 451-Aerobic Fitness Workshop	2	EXSC 447-Sport Nutrition	3
EXSC 453-Reducing Coronary Heart Disease Workshop	2	EXSC 452-Exercises and Weight Control Workshop	2
EXSC 230-Personal Training Workshop	1	EXSC 454-Anaerobic Training Workshop	2
EXSC 322-Strength and Conditioning Theory	3	Elective-(General Education Elective)- - can choose from the following in Arts and Letters Group: Fine Arts; Modern Languages-MLNG, or MLCH, or MLJA, or MLFR, or MLGR, or MLIT, or MLSP; or Performing Art	3
Elective- (General Education Elective)- can choose from the following in Social Science Group: Geography-GEOG 110, or 120, or 121, or 130, or 220 Political Science-POLS 101, or 111, or 117, or 201, or 211, 222 or 223; History; or Economics	3	Elective -(General Education Elective)- can choose from the following in Social Science Group: Geography-GEOG 110, or 120, or 121, or 130, or 220 Political Science-POLS 101, or 111, or 117, or 201, or 211, 222 or 223; History; or Economics	3
Elective	1	Elective	3
Elective	1		
<b>Total</b>	<b>13</b>	<b>Total</b>	<b>16</b>

Senior Year at ESU			
Fall		Spring	
Course Number	Credit	Course Number	Credit
EXSC 402-Psychology of Sport and Exercise	3	EXSC 410-Organization and Administration of Exercise and Wellness Programs	3
EXSC 431-Analysis of Performance Skills	3	EXSC 445-Seminar in Adult Fitness Programs	3
Elective -(General Education Elective)- - can choose from the following in Arts and Letters Group: Fine Arts; Modern Languages-MLNG, or MLCH, or MLJA, or MLFR, or MLGR, or MLIT, or MLSP; Performing Art; Philosophy-110, 171, 172,212,213,221,231, 235, 238, 241, 251, 265, 273, 281, or 285	3	EXSC 455-Health/Fitness Specialist Workshop	1
Elective	3	EXSC 456-Certified Strength and Conditioning Specialist Workshop	1
Elective	3	EXSC 486-Field Experience and Internships	3
		Elective	1
<b>Total</b>	<b>15</b>	<b>Total</b>	<b>12</b>