# Raritan Valley Community College Academic Course Outline

### BALLET III

#### I. Basic Course Information

A. Course Number and Title: DANC-212 BALLET III

B. New or Modified Course: Modified

C. Date of Proposal: Semester: Fall Year: 2013

D. Sponsoring Department: Visual & Performing Arts

E. Semester Credit Hours: 3

F. Weekly Contact Hours: 6 Lecture: 2

Laboratory: 4

G. Prerequisites: DANC-108 Ballet II, or permission of the instructor

H. Laboratory Fees: No

I. Name and Telephone Number or E-Mail Address of Department Chair: Ann Tsubota, atsubota@raritanval.edu, x 8373

## **II. Catalog Description**

Prerequisite: DANC-108 Ballet II or permission of the instructor. Ballet III is an advanced intermediate level ballet technique class. Advanced movement combinations and variations will be incorporated into the barre and center work. Students will be required to provide appropriate dance attire and shoes.

#### **III. Statement of Course Need**

**A.** This course addresses the needs of the serious dance student, as well as the needs of lifelong learners who are interested in furthering their own abilities in ballet dance. With many of RVCC dance majors being placed out of the basic Ballet I class, it is important that they receive four semesters of Ballet. Ballet III would serve as their second semester in the four semester required series.

- **B.** The lab component is a necessity in a technique course, and offers the students the ability to work on their movement comprehension, technical abilities, physical endurance and alignment.
- **C.** Transferability:
  - 1. This course generally transfers as a dance program requirement.
  - 2. This course generally transfers as a dance program elective.

## IV. Place of Course in College Curriculum

- A. Free Elective
- B. This course meets a program requirement for the A.F.A. Dance degree.
- C. To see course transferability for New Jersey schools, go to the NJ Transfer website, <a href="www.njtransfer.org">www.njtransfer.org</a>; for all other colleges and universities, go to the individual websites.

### **V. Outline of Course Content**

- A. Ballet Technique:
  - 1. Barre exercises: plies, tendus, degage, frappes, rond de jambe, grande battements, finishing with deep stretching at the barre.
  - 2. Center work: inclusion of advanced steps and sequences with floor patterns and rhythmic variation.
  - 3. Adagio: focus is on presentation and expressive use of upper torso, head, and arms (port de bras), grace, and control.
  - 4. Petit and Grande allegro: including more complex enchainements that combine pirouettes, grand and beaten allegro, and demi-caractere variations.
- B. Individual independent study of solo variations from classical repertoire.
- C. Conditioning methodology for dance
  - 1. Weight training and conditioning
  - 2. Pilates, Bartenieff and yoga
- D. Physiology
  - 1. Strength and flexibility
  - 2. Stamina/endurance
  - 3. Physicality and alignment
- E. Rehearsal process
- F. Written critical analysis and viewing of ballet dances
- G. Ballet terminology, including proper pronunciation, spelling and meaning.

## **VI. General Education and Course Learning Outcomes**

# A. General Education Learning Outcomes:

# At the completion of the course, students will be able to:

- 1. Identify, analyze and critique dance as a communicative art form and a means of personal expression. (GE-NJ 1, 6, \*)
- 2. Apply critical analysis skills of ballet movement styles and structure. (GE-NJ 1. \*)

(\*Embedded critical thinking)

### **B.** Course Learning Outcomes:

# At the completion of the course, students will be able to:

- 1. Demonstrate development in technical proficiency of classical ballet technique, including creative work in the ballet style.
- 2. Apply fundamental theories and principles to a broad range of challenging movement combinations requiring technical precision and expressive range.

# VII. Modes of Teaching and Learning

- A. Lecture/discussion
- B. Instructor Demonstration
- C. In-class and homework movement assignments
- D. Guest artists
- E. Student performances
- F. Student collaboration

### VIII. Papers, Examinations, and other Assessment Instruments

- A. Participation in class; including attitude, effort and punctuality
- B. Examinations
- C. In class rehearsal process
- D. Final performance
- E. Written critique of a live dance performance
- F. Written assignments and projects
- G. Attendance

#### IX. Grade Determinants

- A. Participation
- B. Professional class attitude
- C. Rehearsals and performances

- D. Exams
- E. Weekly assignments
- F. Technical improvement

### X. Texts and Materials

- A. Suggested textbook
  - o The Language of Ballet A Dictionary, Thalia Mara
  - o Classical Ballet Technique, Gretchen Warren.
  - o <u>Dance Kinesiology</u>, 2nd edition, Sally Fitt, Schirmer Books, 1966.
- B. Appropriate dance clothes including ballet slippers.

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

#### XI. Resources

- A. Rehearsal Dance Studio, with professional floor and appointments
- B. Video and DVD equipment
- C. Stereo system equipped with cassette tape, digital audio input and CD
- D. Special Room Requirements: Nash Theater (for performance)