RARITAN VALLEY COMMUNITY COLLEGE
ACADEMIC COURSE OUTLINE

HMNS 208:
ASSESSMENT AND TREATMENT OF ALCOHOLISM AND DRUG ADDICTION

I. BASIC COURSE INFORMATION

A. Course Number and Title: HMNS 208 ASSESSMENT AND TREATMENT OF ALCOHOLISM AND DRUG ADDICTION

B. New or Modified Course: Modified

C. Date of Proposal: Semester: Fall Year: 2021

D. Effective Term: Fall 2022

E. Sponsoring Department: Humanities, Social Science, Social Work, & Education

F. Semester Credit Hours: 3

G. Weekly Contact Hours: Lecture: 3
Laboratory: 0
Out of class student work per week: 6

H. Prerequisites: HMNS 105: Introduction to Addiction & HMNS 205: Interviewing & Counseling

I. Laboratory Fees: None

J. Name and Telephone Number or E-Mail Address of Department Chair & Division Dean at time of approval: Isabel Gutierrez-Bergman, Dept Chair, Isabel.gutierrez@raritanval.edu; Patrice Marks, Division Dean, Patrice.marks@raritanval.edu

II. COURSE DESCRIPTION:

Pre-requisite: Introduction to Addiction (HMNS 105) and Interviewing & Counseling (HMNS 205)
This course will provide an overview of methods and approaches to assess and treat individuals with alcohol and other substance use disorders. It will examine formal and informal models of client assessment including screening, intake, and doing a comprehensive bio-psycho-social assessment. The course will cover methods to increase rapport, develop trust, and motivation. It will examine various instruments to diagnosis and assess severity levels of substance use disorders including DSM-5; ASAM Criteria, and ASI. It will cover addiction treatment planning including diagnostic

summaries, differential diagnosis and levels of care. The course will describe various models of treatment including detoxification, outpatient, inpatient, residential, therapeutic communities, and medication treatments. Students will examine different categories of drugs and specific treatment and assessment issues with each category. The course will provide an overview of evidence-based treatment modalities including Motivational Enhancement Therapy (MET); Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), 12 Step Facilitation and use of individual, group and family therapy.

III. STATEMENT OF COURSE NEED

The field of addiction and substance abuse treatment is expected to grow far faster than most other areas of mental health and human services through 2018. Service providers in the Somerset and Hunterdon County area, as well as the NJ Board of Examiners for Addiction Professionals report a growing need for programs approved to provide the coursework required for certification as an alcohol and drug counselor (CADC). As many as 1/3 of currently enrolled students in the Human Service/Pre-Social Work program express a specific desire to enter into the substance abuse treatment field. Hence, the development of a specific option in addiction studies within the degree program is compelling in response to both the local labor market and our student population.
This course would meet the second of four addiction specific course requirements toward the completion of coursework for the CADC.

      A. This course requires no lab component.
      B. Course transferability
          1.   This course may transfer as a specialized elective into 4-year BSW programs.
          2. This course may transfer as a free elective.

IV. PLACE OF COURSE IN COLLEGE CURRICULUM

      A. This course serves as a core requirement for the Certificate in Chemical Dependency.
      B. This course meets a specialized human service elective option for the A.S in Human Services/Pre-Social Work.
      C. This course may transfer as a free elective
      C. Course transferability; for New Jersey schools go to the NJ Transfer website,
          www.njtransfer.org. For all other colleges and universities go to their individual websites.

V. OUTLINE OF COURSE CONTENT

    A. Introduction to Addictions Counseling
        1. Scope of alcohol and drug problem
        2. Models of treatment and recovery
        3. Listening , processing and providing feedback
        4. Skill enhancement (attending, reflections, probing, self-disclosure)
    B. Bio-psycho-social Assessment
        1. Major components
        2. Taking a drug history
        3. Effective questioning
        4. Identifying other mental and mental problems

C. Substance Use Disorders (SUD) Assessment Instruments
   1. ASAM
   2. Screening tools
   3. ASI and other assessment tools
D. Diagnostic Summaries
   1. Identifying client's needs , strengths , problems and resources
   2. Formulate goals and objectives for treatment plan
   3. Identify resources and approaches to assist recovery
E. Differential diagnosis
   1. Describe purpose and function of DSM
   2. List diagnostic criteria for substance use disorders (mild, moderate, severe)
   3. Understand that only Licensed (not certified) counselors can diagnose

F. Pharmacology and Physiology
   1. Define what a drug is
   2. Describe how drugs effect the CNS
   3. Describe pharmacological terms
   4. List major drug categories
G. Biomedical Related Alcohol and Drug Problems
   1. Metabolism of drugs
   2. Organ system affected by drugs
   3. Different effects of different drugs on the body
   4. HIV and other blood borne infections
H. Treatment Modalities: Individual, group, Family
I. Continuum of Care (ASAM Levels of Care)
J. Stages of Change
K. Six Stages of Recovery
L. Motivational Interviewing
M. Cognitive Behavioral Therapy
N. Dialectical Behavioral Therapy
O. Behavioral Addictions (Gambling Use Disorder, Porn addiction, Sex addiction, etc)
P. Nicotine Dependence
Q. Medication Use in Addictions
R. Family Systems
S. Cultural Differences

VI. GENERAL EDUCATION AND COURSE LEARNING OUTCOMES

A. General Education Learning Outcomes

Students will:
1. Analyze and discuss behavioral and societal considerations in the diagnosis and treatment of addiction (GE 5).
2. Evaluate and apply psycho-social theories and treatment paradigms in the field of addictions (GE 5).
3. Apply the ethical guidelines established in the LCADC Code of Ethics (GE 9).
4. Describe addiction and family dynamics from multiple theoretical perspectives (GE-NJ 5).

5. Discuss the ethical implications of social policies and societal assumptions in the diagnosis and treatment of addictions (GE ER).

B. Course Learning Outcomes

Students will be able to:

1. Conduct a biological, psychological and sociological assessment to identify the presence of addiction in accordance with the DSM and other industry protocols.
2. Document client assessment and treatment progress in accordance with agency and industry standards.
3. Select treatment approaches appropriate to specific addictions and client circumstances.
4. Critically discuss social policy implications in the treatment of addiction.
5. Conduct initial clinical interviews as the basis of treatment.

C. Assessment Instruments

1. peer feedback
2. reflection papers
3. exams
4. Substance Abuse Evaluation of peer

VII. GRADE DETERMINANTS

A. clinical case study
B. exams
C. short written assignments

Primary formats, modes, and methods for teaching and learning that may be used in the course:

A. lecture/discussion
B. small group work
C. role playing
D. film and video

VIII. TEXT and MATERIALS

A. Open Educational Resources

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

XI. RESOURCES

A. computer access
B. library databases