RARITAN VALLEY COMMUNITY COLLEGE ACADEMIC COURSE OUTLINE

HMNS 212 - Community Resources and Case Management

I. Basic Course Information

A. Course number and Title: HMNS 212 – Community Resources and Case Management
B. New or Modified Course: Modified
C. Date of Proposal: Semester: Spring Year: 2023
D. Effective Term: Fall 2024
E. Sponsoring Department: Humanities, Social Sciences, Social Work & Education
F. Semester Credit Hours: 3
G. Weekly Contact Hours: 3 Laboratory: 0 Out of class student work per week: 6
 H. ☑ Prerequisite (s): HMNS 105 – Introduction to Addiction ☐ Corequisite (s): ☐ Prerequisite (s):
I. Additional Fees: None
J. Name and E-Mail Address of Department Chair and Divisional Dean at time of approval: Dr. Isabel Gutierrez-Bergman (<u>Isabel.Gutierrez@raritanval.edu</u>) Dr. Patrice Marks (Patrice.Marks@raritanval.edu)

II. Catalog Description

Prerequisites: HMNS 105 – Introduction to Addiction

This Course will enable the students to develop understanding of the fundamentals of case management, and how those skills are translated into action in the human service profession. Students will learn skills that will facilitate their transition from the classroom into the human service arena. They will learn the vocabulary and methods used by more advanced human

service professionals in the human service field. State and local service delivery agencies will be explored through research, lectures and guest speakers. Emphasis will be placed on Community resources, consultation, documentation, HIV and resources, New Jersey Mental Health Services, New Jersey Child and family Services, New Jersey Employment Services, and the criminal Justice system. These courses will emphasis critical thinking. This course will prepare those students seeking certification as alcohol and drug counselors (CADC).

III. Statement of Course Need

- A. Individuals entering the field of human services are finding themselves plunged from the classroom into roles in which they have little formal training. It is important for these individuals to receive step-by-step training to prepare them for the social service setting which they will be expected to carry out duties as professionals in their scope of practice. The field of addiction and substance abuse treatment is expected to grow far faster than most other areas of mental health and human services through 2018. Service providers in the Somerset and Hunterdon County area, as well as the NJ Board of Examiners for Addiction Professionals report a growing need for programs approved to provide the coursework required for the certification as an alcohol and drug counselor (CADC). Hence, this course will serve as the third of four courses specific to addiction studies within the degree program, which serves as a compelling response to both the local labor market and student population.
- B. No lab component
- C. Course transferability
 - 1. This course may transfer as a specialized elective into 4-year BSW programs.
 - 2. This course may transfer as a free elective.

IV. Place of Course in College Curriculum

- A. This course serves as a core requirement for the Certificate in Chemical Dependency.
- B. This course meets a specialized human service elective option for the A.S in Human Services/Pre-Social Work, Human Services Certificate of Completion, and Human Services Certificate.
- C. This course may transfer as a free elective
- D. Course transferability; for New Jersey schools go to the NJ Transfer website, www.njtransfer.org. For all other colleges and universities go to their individual websites.

V. Outline of Course Content

- A. Foundations for Best Practice in Case Management
 - 1. Ethics and Other Professional Responsibilities Humans Service Workers
 - 2. Case Management: Definition and Responsibilities

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- 3. Using Resources and Developing a Treatment Plan with the Client
- 4. Making the Referral
- 5. Documenting
- B. Useful Clarifications and Attitudes
 - 1. Cultural Competence
 - 2. Attitudes and Boundaries
 - 3. Clarifying Who Owns the Problem
- C. Effective Communication
 - 1. Making effective community education presentations
 - 2. Developing and maintaining professional relationships with community resources
- D. Meeting Client Needs
 - 1. The First Interview
 - 2. Social Histories and Assessment forms
 - 3. Using DSM
 - 4. Mental Health Exam and Resources
 - 5. Receiving and Releasing Information
- E. Monitoring Services and Following the Client
 - 1. Monitoring the Services or Treatment
 - 2. Developing goals and Objectives at the Provider Agency
 - 3. Terminating the case
 - 4. Take care of yourself

VI. A. Course Learning Outcomes:

At the completion of the course, students will be able to:

- 1. Use technology and other forms of information management to identify, collect and process information (GE 4).
- 2. Develop effective communication skills within a professional context (GE 1).
- 3. Identify community resources to respond to variations in culture, language, and perceptions of a diverse client population (GE 5, 8).
- 4. Demonstrate knowledge of best practice in case management.
- 5. Match community resources to specific client needs with particular attention to cultural and life style characteristics (GE 5, 8).
- 6. Construct and monitor a client service plan
- 7. Critically discuss the role of case management in addiction services (GE 1)
- 8. Design and deliver community education presentations on substance use and abuse (GE 1, 6)

(*Embedded Critical Thinking)

B. Assessment Instruments

- 1. laboratory products
- 2. art work
- 3. research papers

- 4. **Demonstrations** For the course <u>final</u>, students are to deliver a 15 minute presentation to the class, the presentation must be about an agency/organization or program that may be beneficial for our clients (e.g. an inpatient/residential program for individuals with Substance Use Disorder, a shelter/housing program for victims of domestic violence, etc.), followed by a 5 minute Q&A discussion about their program.
- 5. **Essays** For the <u>midterm</u>, students must complete a research paper on a treatment program/agency that will also carry over into their Final Presentation.
- 6. **Journals** –Students will write weekly response papers on the topic discussion.
- 7. portfolios
- 8. computer programs
- 9. Other (please describe): **Role play** During the course of the semester, students will break out into small groups/partners to role play on an initial assessment, and completing a Treatment Plan.

VII. Grade Determinants

- A. Essays/Journals
- B. Projects
- C. Presentations

Primary formats, modes, and methods for teaching and learning that may be used in the course:

- A. lecture/discussion
- B. small-group work
- C. computer-assisted instruction
- D. guest speakers
- E. laboratory
- F. oral presentations
- G. simulation/role playing
- H. student collaboration
- I. independent study
- J. other (please describe)

VIII. Texts and Materials

- A. Suggested textbook Summers, N. Fundamentals of case management practice, 4th ed.
- B. primary sources
- C. interviews Students will have an opportunity to interview each other.
- D. journals
- E. reviews

- F. student writing
- G. film and video
- H. audio sources
- I. web sources
- J. other computer-based sources
- K. other

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

IX. Resources

N/A

X. Honors Options [if relevant]

N/A