

**RARITAN VALLEY COMMUNITY COLLEGE
ACADEMIC COURSE OUTLINE**

HMNS 290: Internship in Human Services I

I. Basic Course Information

A. Course Number and Title: HMNS 290: Internship in Human Services

B. New or Modified Course: Modified

C. Date of Proposal: Semester: FALL Year: 2023

D. Effective Term: Fall 2024

E. Sponsoring Department: Humanities, Social Sciences, Social Work & Education

F. Semester Credit Hours: **3**

G. Weekly Contact Hours: Lecture: 2
 Laboratory: N/A
 Work Site: minimum of 80 hours
 Out of class student work per week: 4

H. ☒ Prerequisite (s): HMNS 102: Introduction to Social Work; HMNS 201: Human Behavior and the Social Environment; and HMNS 205: Interviewing and Counseling Skills

☐ Corequisite (s):

☐ Prerequisite (s) and Corequisite (s):

I. Additional Fees:

J. Name and E-Mail Address of Department Chair and Divisional Dean at time of approval: **Isabel Gutierrez-Bergman, Dept Chair (isabel.gutierrez@raritanval.edu); Patrice Marks, Division Dean (patrice.marks@raritanval.edu)**

II. Catalog Description

Prerequisite (s): HMNS 102: Introduction to Social Work; HMNS 201: Human Behavior and the Social Environment; and HMNS 205: Interviewing and Counseling Skills

An internship provides the opportunity for experiential learning through student involvement in a local social service agency. This course is designed to provide a bridge between the concepts learned in previous Human Services courses and the practical application of these concepts in a

direct practice human service setting. A variety of field experiences are available to meet areas of student interest including work with the homeless population, at-risk youth, the elderly, individuals with mental health and substance use disorders, other disabilities, and other populations of interest. Students will spend a minimum of 80 hours in a field setting and assume an active role in the delivery of services of that organization. Individualized learning outcomes are established at the outset between the student, instructor and field site supervisor to ensure a clear understanding of the student's role and the competencies to be developed through the field experience.

III. Statement of Course Need

- A. This course is a requirement for the A.S. in Human Services/Pre-Social Work, the Certificate in Human Services, and the Certificate in Chemical Dependency. Additionally, field experience is required for students transferring into Bachelor's degree programs in Social Work at area colleges and universities. Taking this course at RVCC will allow students to transfer into their chosen four-year bachelor's programs with junior status. Additionally, it is often a prerequisite for subsequent field experiences.
- B. There is no lab component.
- C. This course generally transfers to most BSW programs in combination with HMNS 102: Introduction to Social Work .

IV. Place of Course in College Curriculum

- A. Free Elective
- B. This course meets a program requirement for the A.S. in Human Services/Pre-Social Work; the Certificate in Human Services; and the Certificate in Chemical Dependency.
- C. To see course transferability: a) for New Jersey schools, go to the NJ Transfer website, www.njtransfer.org; b) for all other colleges and universities, go to the individual websites.

V. Outline of Course Content

- A. Engagement
 - 1. Active Listening
 - 2. Empathy
 - 3. Rapport
- B. Professional Identity
 - 1. Boundaries
 - 2. Demeanor
 - 3. Appearance
 - 4. Self-reflection
- C. Documentation
 - 1. Professional writing skills

- 2. Accountability
- 3. Regulatory requirements and reporting procedures
- D. Supervision
- E. Ethical reasoning
- F. Application of theory to practice

VI. A. Course Learning Outcomes:

At the completion of the course, students will be able to:

- 1. exhibit supportive counseling skill demonstrating empathy, reflection and cultural responsiveness to effectively engage diverse clients and constituencies. (GE-1, ER)
- 2. analyze ethical issues and demonstrate ethical behavior in accordance with the Social Work Code of Ethics. (GE—ER*)
- 3. demonstrate professional demeanor in behaviors with clients and co-workers in regard to confidentiality, appearance, judgement, dependability, boundaries and work quality, seeking supervision as appropriate.
- 4. apply and reflect on professional practices and theory in working with diverse populations (GE*)

*Embedded critical thinking.

B. Assessment Instruments

- 1. Portfolio review
- 2. Field supervisor evaluation
- 3. Reflective journal
- 4. Application assignments
- 5. Self-assessment

VII. Grade Determinants

- A. Completion of 80 hours of field experience
- B. Satisfactory Field Supervisor evaluations
- C. Production of specific artifacts as requested

Given the goals and outcomes described above, LIST the primary formats, modes, and methods for teaching and learning that may be used in the course:

- A. Field seminar
- B. Field work
- C. Written assignments
- D. Self-reflection exercises
- E. Journaling

VIII. Texts and Materials

A. OER materials:

Mruk, C., & Moor, J. (2020). *Succeeding at Your Internship: A Handbook Written for and with Students*. This work is licensed under CC BY-NC-SA 4.0. To view a copy of this license, visit <https://creativecommons.org/licenses/by-nc-sa/4.0>.

The Integrative Processing Model. Adapted from: Kiser, P.M. (2000). *Getting the most from your human service internship: Learning from experience*. Belmont, CA: Wadsworth.

NASW Code of Ethics. <https://www.socialworkers.org/about/ethics/code-of-ethics>

- B. field work
- C. journals
- D. student writing assignments

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

IX. Resources

No additional resources are needed.

X. Honors Options: N/A