RARITAN VALLEY COMMUNITY COLLEGE ACADEMIC COURSE OUTLINE

SCCS 013 Student Success Seminar

I. Basic Course Information

A. Course Number and Title: SCCS 013 Student Success Seminar

B. New or Modified Course: Modified Course

C. Date of Proposal: Semester: Fall Year: 2024

D. Effective Term: Fall 2025

E. Sponsoring Department: Student Success

F. Semester Credit Hours: 1 non-credit

G. Weekly Contact Hours: 1 Lecture: 1

Laboratory: 0

Out of class student work per week: 2

H. ☐ Prerequisite (s): None ☐ Corequisite (s): None

I. Additional Fees: None

II. Catalog Description

Prerequisites/Corequisites: None This course is specifically designed to improve the cognitive and non-cognitive skills of students whose appeal for academic suspension has been accepted by the Academic Standards Committee. In this course, students engage in activities that focus on skills such as self-assessment; resilience; motivation; notetaking, studying, and testing strategies; goal setting and networking. For billing purposes, this course is considered 1 credit. Credit for this course does not apply to credit hours earned, cumulative grade point average, or graduation requirements.

III. Statement of Course Need

- **A.** This course is intended to support the development of cognitive and non-cognitive skills for students who have demonstrated deficits in one or both areas via poor academic records in prior semesters.
- **B.** Transferability:
 - 1. This course is non-transferable.

IV. Place of Course in College Curriculum

- A. Developmental, non-credit
- B. This course serves as a requirement for students who have appealed their Academic Suspension.
- C. This course does not meet a program requirement for any program.
- D. This course is non-transferable.

V. Outline of Course Content

- A. Managing Priorities
 - 1. Short-term and long-term goal setting
 - a. academic goals
 - b. career goals
 - 2. Time Management
 - a. identifying the four quadrants of time
 - 3. Stress Management
 - a. Understanding the different characteristics of stress
- B. Developing Academic Skills
 - 1. Learning Styles
 - a. VARK learning styles inventory
 - b. adjusting learning styles to teaching styles
 - 2. Notetaking
 - a. Cornell Method
 - b. Outlining
 - c. Mind mapping
 - d. Summarizing
 - 3. Reading
 - a. SQ5R
 - b. reading in content areas
 - i. math and science texts
 - ii. social science and humanities texts
 - 4. Studying
 - a. Memorizing
 - i. short-term memory
 - ii. working memory
 - iii. long-term memory
- C. Career Exploration
 - 1. Values and interests inventories
 - 2. Decision making process

- D. Interpersonal Skills & Health
 - 1. Interpersonal Skills (in-person & virtual)
 - a. conflict resolution
 - b. safety when arranging to meet with someone
 - 2. Mental & Physical Health
 - a. general health (sleeping, eating, exercise, etc.)

VI. A. Course Learning Outcomes

By the completion of this course, students will be able to improve their personal, professional and academic successes by...

- 1. Managing and prioritizing responsibilities through problem solving and critical thinking (GE-*)
- 2. Outlining, applying and evaluating the implementation of effective research, studying and test-taking skills in their coursework (GE-IL*,)
- 3. Approaching diverse collegiate and life experiences with mature and realistic perspectives (GE-8)
- 4. Using effective interpersonal and intrapersonal communication skills (GE-1,)
- * Embedded Critical Thinking

B. Assessment Instruments

- 1. Written Reflections (LOs #1-#4)
- 2. Oral Presentations (LOs #3-#4)

VII. Grade Determinants

Grade Determinants

- A. Class participation
- B. Attendance
- C. Written reflections
- D. Oral presentations

Modes of Instruction

- A. lecture/discussion
- B. student collaboration
- C. guest speakers
- D. student oral presentations
- E. individual meetings with instructor

VIII. Texts and Materials

- A. OER in print/digital format
- B. journals
- C. film and video
- D. audio sources
- E. web sources
- F. other

IX. Resources

A. Priority scheduling in computer lab space for all sections

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

X. Check One: □Honors Course □Honors Options ⊠ N/A