

RARITAN VALLEY COMMUNITY COLLEGE ACADEMIC COURSE OUTLINE

STDV 013 – Student Success Seminar

I. Basic Course Information

- A. Course Number and Title: STDV 013 – Student Success Seminar
- B. New or Modified Course: Modified
- C. Date of Proposal: Semester: Spring Year: 2011
- D. Sponsoring Department: Student Development/First-Year Experience
- E. Semester Credit Hours: 1 Non-Credit
- F. Weekly Contact Hours: 1 Lecture: 1
Laboratory: 0
- G. Prerequisites/Corequisites: None
- H. Laboratory Fees: None
- I. Name and Telephone Number or E-Mail Address of Department Chair:
David Ross dross@raritanval.edu

II. Catalog Description

The Student Success Seminar is a course specifically designed for students whose appeal of academic suspension has been accepted by the Academic Standards Committee. In this course, students are offered support and in depth knowledge on how to succeed in college. Topics covered will include self-assessment, accepting personal responsibility, motivation, study skills, time management, learning styles, communicating effectively, goal setting and developing a support network. For billing purposes, this course is considered 1 credit. Credit for this course does not apply to credit hours earned, grade point average, or graduation requirements.

III. Statement of Course Need

This course will address social and academic development to provide a strong foundation for academic success.

IV. Place of Course in College Curriculum

- A. Developmental-level, non-credit
- B. This course serves as a requirement for students who have appealed their Academic Suspension
- C. This course does not meet a program requirement for any program
- D. Course transferability: Non-Transferrable

V. Outline of Course Content

Students will learn the following concepts, apply them directly to their academic life, evaluate that application, and report on their progress. The following topics include the kinds of issues that students will explore:

- A. Short-term and long-term goal setting
 - 1. Review specific educational and career goals
- B. Time management
 - 1. Identifying the four quadrants of time
- C. Learning Styles
 - 1. VARK learning styles inventory
 - 2. Adjusting your learning style to different teaching styles
- D. College Note taking Strategies
 - 1. Cornell, Outlining, Mind Maps and Summary Methods
- E. College Reading & test taking strategies
 - 1. SQ3R, SQ4R, and SQ5R
 - 2. Reading math and science textbooks
 - 3. Reading social science and humanities textbooks
- F. Memory and Concentration
 - 1. Short-term, working and long-term memory
- G. Stress Management
 - 1. Characteristics of stress
- H. Career Exploration
 - 1. Values and Interest inventories
 - 2. Conducting a Career Interview
- I. Career Interview Presentations

VI. Educational Goals and Learning Outcomes

A. Educational Goals

Students will:

1. Recognize what is expected of a successful college student
2. Use technology and campus resources (G.E. - NJ 4)
3. Apply learning strategies to all college coursework (G.E. - NJ 1)
4. Examine possible career paths (G.E. - NJ 1)
5. Demonstrate communication skills through written assignments and group exercises (G.E. – NJ 1)
6. Recognize different learning strategies

B. Learning Outcomes

Students will be able to:

1. Use time management skills
2. Develop short and long term goals and implement a plan of action
3. Interpret results of career and interest inventories
4. Express self through written and oral communication
5. Appraise note-taking, reading and test taking strategies and apply them to college-level coursework
6. Identify stress-inducing situations and apply stress management techniques

VII. Modes of Teaching and Learning

- A. lecture/discussion
- B. computer assisted instruction
- C. guest speakers
- D. student oral presentations
- E. student collaboration
- F. independent study
- G. individual meetings with instructor

VIII. Papers, Examinations, and other Assessment Instruments

- A. Essays
- B. Meetings with instructor
- C. Homework assignments
- D. Presentations
- E. Tests

IX. Grade Determinants

- A. Class participation and preparation
- B. Homework assignments
- C. Essays
- D. Oral presentations
- E. Tests

X. Texts and Materials

- A. Suggested textbook
- B. Interviews
- C. Film and video
- D. Web sources
- E. Other computer-based sources

Suggested text:

Carter, Bishop, Kravits (2006). *Keys to Success: Building Successful Intelligence for College, Career, and Life*. Prentice-Hall.

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

XI. Resources

- A. FOCUS Career Planning Portfolio available via the Lion's Den.

XII. Honors Options - None