

**RARITAN VALLEY COMMUNITY COLLEGE
ACADEMIC COURSE OUTLINE**

STDV 103 COLLEGE TRANSITIONS

I. Basic Course Information

A. Course Number and Title: STDV103 College Transitions

B. New or Modified Course: Modified

C. Date of Proposal: Semester: Fall Year: 2014

D. Effective Term: FALL 2015

E. Sponsoring Department: Student Development

F. Semester Credit Hours: 3

G. Weekly Contact Hours: 3 Lecture: 3
 Laboratory: 0

H. Prerequisites/Corequisites: Acceptance into a Dual Enrollment Program or Course or
Early College Course

I. Laboratory Fees: None

J. Name and Telephone Number or E-Mail Address of Department Chair at time of
approval: David Ross x8921 dross@raritanval.edu

II. Catalog Description

Prerequisite: Acceptance into a Dual Enrollment Program or Course or Enrollment in an Early College Course. This course is an in-depth study in career and life planning designed for students accepted into specialized programs or courses seeking direction in college expectations, transitions, and setting life, academic and career goals. Credit will not be given for both STDV 103 (College Transitions) and STDV 100 (The College Experience).

III. Statement of Course Need

- A. This course fulfills a requirement for students in select academy programs or other college transition programs offered through RVCC and partnering high schools. This course examines transition issues faced by students during their transition to college, addressing the unique needs of students who are simultaneously pursuing a high school diploma and an Associate's degree. This course is an essential part of providing transition programs to students admitted to specialized programs and/or Early College students as they begin their college careers and establish long-term career development plans. Students will explore transition issues unique to students in specialized programs or Early College programs as well as develop a 10 year life plan.
- B. The course has no lab component
- C. This course may transfer as a free elective or similar course if offered.

IV. Place of Course in College Curriculum

- A. This course meets a program requirement for students in select dual enrollment programs
- B. Free Elective
- C. To see course transferability: a) for New Jersey schools, go to the NJ Transfer website, www.njtransfer.org; for all other colleges and universities, go to the individual websites.

V. Outline of Course Content

Students will learn the following concepts, apply them directly to their college, work, and home life, evaluate that application, and report on their progress. The following topics are not listed in a hierarchical order but include the kinds of issues that students will explore:

- A. College Expectations
- B. Technological resources at RVCC (Lion's Den, email, NJTransfer etc.)
- C. Campus resources (Academic Support Center, Library, etc.)
- D. Short-term and long-term goal setting
- E. Time Management
- F. Learning Styles and Strategies
- G. Critical Thinking
- H. Study Skills (note taking, reading & exam taking strategies, listening skills, etc.)
- I. Career Exploration & Life Planning
- J. Exploring Values (personal, moral, and financial)
- K. Living a Healthy Lifestyle (stress management, drug/alcohol avoidance, etc.)
- L. Building Effective Relationships (communication skills, campus involvement, etc.)

M. Diversity Awareness

VI. General Education and Course Learning Outcomes

A. General Education Learning Outcomes:

At the completion of the course, students will be able to:

1. Utilize campus technology appropriately such as the Lion's Den, Career Exploration Software, Learning Management Systems and the Lion Mail system. (GE – NJ 4)
2. Analyze how personal and ethical values affect decision making (GE – NJ ER, *)
3. Report on cultural diversity on campus and society (GE - NJ 1, 8)
4. Demonstrate communication skills through written assignments & group exercises (GE- NJ 1)

*embedded critical thinking

B. Course Learning Outcomes:

At the completion of the course, students will be able to:

1. Recognize what is expected of a successful college student
2. Identify learning styles and apply learning strategies to college coursework
3. Analyze time management through examination of short-term goal setting
4. Analyze the results of career and personality inventories

C. Assessment Instruments

- A. research papers
- B. demonstrations
- C. essays
- D. journals
- E. portfolios
- F. computerized assessments

VII. Grade Determinants

- A. essays
- B. projects
- C. tests
- D. presentations

Primary formats, modes, and methods for teaching and learning that may be used in the course:

- A. lecture/discussion
- B. small-group work

- C. computer-assisted instruction
- D. guest speakers
- E. student oral presentations
- F. simulation/role playing
- G. student collaboration
- H. independent study

VIII. Texts and Materials

- A. Suggested textbook: Bingham, M., & Stryer, S. (2012). *Career choices and changes: A workbook to discover who you are, what you want, and how to get it.* (4th ed.). Saint George, UT: Academic Innovations.
- B. interviews
- C. journals
- D. student writing
- E. film and video
- F. web sources: <http://My10yearplan.com>
- G. other computer-based sources
- H. other

(Please Note: The course outline is intended only as a guide to course content and resources. Do not purchase textbooks based on this outline. The RVCC Bookstore is the sole resource for the most up-to-date information about textbooks.)

IX. Resources

- A. Textbooks
- B. Interviews
- C. Web sources

X. Honors Options: None